

CRAVE Lunch Schedule

Mondays and Wednesdays

Tuna Salad on Wheat, Sambal Turkey on Croissant, Chipotle Chopper on Wheat, Romesco Roast Beef on Ciabatta, Pepper Jack Panini and Tomaza' Panini.

Tuesdays and Thursdays

Chunky Chicken Salad on Croissant, Sweet Hot Alabama Turkey, Gouda, Greens, and Pesto, The New Yorker, Tomaza' Panini and Reuben.

Fridays

Tuna Salad on Wheat, Chunky Chicken Salad on Croissant, Sambal Turkey on Croissant, The Beefy Billiken, Chipotle Chopper Pepper Jack Panini and Tomaza' Panini.

Saturdays

Chunky Chicken Salad on Croissant, Tuna Salad on Wheat, Plain Jane Ham and Tom Turkey with Swiss on Wheat, 6" Margherita Pizza, and One Soup.

Garden Cravings

Spring Mix Salad	5.50
Spring Mix Greens, Apples, Oranges, Blueberries, and Walnuts with a Raspberry Vinaigrette Dressing.	
Sicilian Chopped Salad	4.75
Mixed Greens, Peppers, Onion, Black Olives, Salami, Artichokes, and Pecorino Cheese, with Greek Dressing.	
Caesar Salad - Romaine, Pecorino, Croutons, with Caesar Dressing.	5.50
Add Blackened Chicken.	6.75

Salad choices vary daily and seasonally.

Weekday Cravings

Plain Jane Ham or Tom Turkey Sandwich	5.00
½ Plain Jane or Tom	2.50
6" Margherita Pizza	4.50

Special Event Cravings

Inquire about our menus for groups, meetings, conferences, and catered events at CRAVE or on location at your venue.

1868

the story began with German farmers.
their dream was to serve their community.

2004

that story was coming to an end,
but a radical new plan emerged to revive
this place and begin a new chapter.

TODAY

you are part of that story. you sit with us
at an intersection of communities,
an intersection of lives.
there's more than just peace at this crossroads.
there's more than just coffee at this stop
along your journey.
there's more that we all CRAVE: a story that
captures the essence of our lives -- one that
reveals the significance of it all.

CRAVE

peace. coffee. more.



Hours:

Monday – Thursday	6 a.m. – 8 p.m.
Friday	6 a.m. – 9 p.m.
Saturday	2 p.m. – 8 p.m.
Sunday	Closed

Call for Summer Hours

Soups & Sandwiches served daily from 11 a.m.

Live music:

Friday 7 p.m.

CRAVE Worship:

Saturday 5:30 p.m.

Directions:

From 64/40, travel south on Grand Blvd.
Turn left on Park Ave.
Turn left on Theresa Ave.
We're 2 blocks away on the left.

Menu inspired by Carol Anderson

CRAVE

peace. coffee. more.



3500 Caroline St.
St. Louis MO 63104
314.771.3299
www.cravestl.org

Beverage Cravings

Traditional Espresso	Solo	Doppio	
Espresso	1.00	1.50	
Espresso Cubano	1.00	1.50	
Espresso Macchiato	1.25	1.75	
Espresso Con Panna	1.25	1.75	
Espresso Romano	1.25	1.75	
Espresso Ristretto	1.25	1.75	
Brew Bar	Reg.	Med.	Lg.
Bottomless Mug (for here only)			1.85
Joe To Go	1.50	1.65	1.85
To Go BYOC		1.55	1.75
Traveler (12c.)			14.00
Caraffe			8.00
Iced	1.60	1.75	1.85
Red Eye	1.80	1.95	2.05
Black Eye	2.10	2.25	2.45
Hot Teas	1.50	1.65	1.85
Numi, Mighty Leaf			
Espresso Bar	Reg.	Med.	Lg.
Americano	1.65	1.85	2.00
Misto	1.85	2.00	2.15
Cappuccino	2.50	3.00	3.50
Café Latte'	2.50	3.00	3.50
Vanilla Latte'	2.95	3.45	3.95
Snickers Latte'	3.25	3.75	4.05
Caramel Macchiato	3.25	3.75	4.05
Café Mocha	2.75	3.25	3.75
White Mocha	3.15	3.65	4.05
Mayan Mocha	3.15	3.65	4.05
Mocha Sevilla'	3.15	3.65	4.05
Add Shot			.60
Sauces and Syrups			.60
No Java Today Mon'			
Chai Tea Latte'	2.50	3.00	3.50
Mayan Hot Chocolate	2.75	3.25	3.75
Steamer	2.45	2.95	3.45
Hot Chocolate	2.45	2.95	3.45
Smoothies (20 oz)			4.25
Peach, Strawberry, and Mango			
Granitas (20 oz)			3.75
Mocha, Vanilla, and Chai			

Pastry Cravings

The Muffin Tin	1.85
Blueberry, Cappuccino Chunk, Lemon Poppyseed, Banana, Cranberry Orange, Apple Cinnamon,	
Tea Breads	1.75
Banana, Yamberry, Pina Colada, Apple Walnut, Pumpkin, Zucchini	
Assorted Bagels with Cream Cheese	1.50
Plain Jane, Cinnamon Raisin, Sesame, Poppy, Sunflower, Wheat, Everything	
Cookies	1.50
Chocolate Chip, Cranberry Chocolate Chip, White Chocolate Macadamia Nut, Oatmeal Raisin, Peanut Butter	
Brownies	1.85
Goopy Butter Bars	1.85
Scones	1.85
Blueberry, Apple Cinnamon, Raspberry White Chocolate	
<i>All Pastries, Breads, and Cookies vary daily and seasonally.</i>	

Panini Cravings

Pesto Crusted Grilled Cheese	5.50
Provolone and Cheddar Cheese grilled on Basil Pesto Crusted grilled Sourdough	
Tomaza' Panini	6.00
Sliced Tomato, Fresh Mozzarella, Fresh Basil, and Spinach Pesto on Herbed Fococcia brushed with Olive Oil and grilled.	
Pepper Jack Panini	6.75
Turkey and Pepperjack Cheese with Spinach Artichoke Spread, Red Onion, Red and Orange Peppers on Miller's Five-Grain Bread brushed with Olive Oil and Grilled.	
Reuben CRAVE Style	6.75
Corned Beef, brushed with a light Thousand Island Cream Cheese Spread, layered with Swiss Cheese and Sauerkraut on Grilled New York Caraway Rye.	

Wrap Cravings

Billiken Wrap	6.75
Lettuce, Pepper Jack, Mixed Peppers, Pepperoncini, Roast Beef, Asiago Cheese and Cilantro Spread	
CRAVE Club	6.25
Ranch, Lettuce, Pepper Jack, Tomatoes, Onion, Bacon, Turkey	
Chicken Caesar	5.50
Caesar Dressing, Romaine Lettuce, Chicken Breast, Italian Cheese	
Southwest Bean	6.25
Southwestern Ranch, Lettuce, Pepper Jack, Bean Relish	

Wraps vary daily.

Lunch Cravings

Upper Crust Sandwiches

Sambal Turkey on Croissant	6.75
Turkey and Provolone Cheese with Sambal Cream Cheese, Red Onion, Lettuce, Tomato, and Sprouts on Croissant.	
Sweet Hot Alabama Turkey	6.75
Turkey and Swiss Cheese with Sweet Hot Mustard, Lettuce, Tomato, and Mild Sweet Banana Pepper Rings on Whole Wheat Bread.	
Tuna Salad on Wheat	5.50
Yellowfin Tuna with Dried Cranberries, Green Onion, Parsley, Lettuce, and Sprouts on Whole Wheat Bread.	
Chunky Chicken Salad on Croissant	6.00
Chunky Roasted Chicken Breast with Pecans, Grapes, Green Onions, Celery, and Parsley with our Special CRAVE Mayonnaise on Croissant.	
The New Yorker	5.75
Ham and Swiss with Dill Cream Cheese Spread, canola mayonnaise, Red Onion, Lettuce, and Tomato on New York Caraway studded Rye.	
Romesco Roast Beef	6.50
Roast Beef and Provolone Cheese with Spicy Romesco, and Horseradish Sauce, Lettuce, Red Onion, and Tomato on a John Dough Bun (soft Ciabatta).	
The Beefy Billiken	6.75
Roast Beef and Provolone with Asiago and Cilantro Spread, Lettuce, Tomato, and Pepperoncini on a John Dough Bun (soft Ciabatta).	

Vegetarian Options

Chipotle Chopper	5.25
Swiss Cheese and Chipotle Pepper Hummus with Cucumbers, Red Onion, Sprouts, Lettuce, and Tomato on Whole Wheat Bread.	
Provo, Greens, and Pesto	5.50
Provolone Cheese, Basil Pesto, and Garlic Hummus with Zucchini, Tomato, Mixed Green and Orange Peppers, and Sprouts on Herbed Fococcia.	

Soup (Choose from two daily.)

Soup Shot	1.50
Soup Cup	2.75
Soup Bowl	3.95

Soup and sandwich choices vary daily and seasonally.